The invention claimed is:

1. A composition comprising:

a pastry product at least partially coated with a substantially clear coating composition comprising a starch component wherein the composition provides at least a partial moisture barrier on the toaster pastry product.

- 2. The composition of claim 1, wherein the starch component comprises a modified wheat starch.
- 3. The composition of claim 1, wherein the clear coating composition comprises a slurry.
- 4. The composition of claim 3, wherein the slurry is applied to the pastry product at a temperature of from about 40°F to about 100°F.
- 5. The composition of claim 3, wherein the slurry comprises from about 5% to about 70% slurry solids.
- 6. The composition of claim 5, wherein the slurry comprises from about 30% to about 55% slurry solids.
- 7. The composition of claim 1, wherein the clear coating composition comprises: from about 20% to about 100% starch component;

from about 5% to about 75% film-forming agent;

from about 0% to about 10% leavening system;

from about 0% to about 30% sweetener; and

from about 0% to about 3% stabilizer.

8. The composition of claim 7, wherein the starch component comprises wheat starch.

- 9. The composition of claim 8, wherein the wheat starch comprises a modified wheat starch.
- 10. The composition of claim 9, wherein the wheat starch comprises an oxidized, substituted modified wheat starch.
- 11. The composition of claim 7, wherein the film-forming agent comprises dextrin.
- 12. The composition of claim 11, wherein the dextrin comprises a corn dextrin and the corn dextrin is less than about 32% soluble in about 77°F water.
- 13. The composition of claim 11, wherein the dextrin comprises a corn dextrin and the corn dextrin is less than about 15% soluble in about 77°F water.
- 14. The composition of claim 7, wherein the leavening system comprises: from about 0% to about 5% sodium acid pyrophosphate; and from about 0% to about 5% sodium bicarbonate.
- 15. The composition of claim 7, wherein the sweetener comprises granulated sugar.
- 16. The composition of claim 1, wherein the substantially clear coating composition further comprises water, thereby forming a slurry and the coated toaster pastry has a slurry pickup of from about 5% to about 30% of slurry on the toaster pastry product after coating.
- 17. A composition comprising:
 - a pastry substrate at least partially coated with a coating composition comprising:

from about 20% to about 100% starch component;

from about 5% to about 75% of a dextrin;

from about 0% to about 10% of a leavening system;

from about 0% to about 30% of a sweetener; and

from about 0% to about 3% of a stabilizer;

wherein the clear coating composition provides at least a partial moisture barrier on the pastry product.

- 18. The composition of claim 17, wherein the coating composition is substantially clear.
- 19. The composition of claim 18, wherein the starch component comprises a wheat starch.
- 20. The composition of claim 19, wherein the wheat starch comprises an oxidized, substituted modified wheat starch.
- 21. The composition of claim 20, wherein the dextrin comprises a low-solubility corn dextrin.
- 22. The composition of claim 17, wherein the leavening system comprises: from about 0% to about 5% sodium acid pyrophosphate; and from about 0% to about 5% sodium bicarbonate.
- 23. The composition of claim 17, wherein the sweetener comprises granulated sugar.
- 24. A method for making a composition comprising:

providing a toaster pastry product and a clear coating composition comprising a starch component, a film-forming agent, a leavening system, a sweetener, and a stabilizer;

at least partially coating the toaster pastry product with the clear coating composition; thermally processing the pastry product; and

wherein the clear coating composition forms a moisture barrier on the pastry product upon thermal processing.

- 25. The method of claim 24, wherein the pastry product comprises a pastry product derived at least in part from wheat.
- 26. The method of claim 25, wherein the clear coating composition comprises: from about 20% to about 100% wheat starch;

from about 5% to about 75% dextrin; from about 0% to about 10% leavening system; from about 0% to about 30% sweetener; and from about 0% to about 3% stabilizer.

- 27. The method of claim 26, wherein the wheat starch comprises an oxidized, substituted modified wheat starch.
- 28. The method of claim 27, wherein the dextrin comprises a corn dextrin and the corn dextrin is less than about 32% soluble in about 77°F water.
- 29. The method of claim 27, wherein the dextrin comprises a corn dextrin and the corn dextrin is less than about 15% soluble in about 77°F water.
- 30. The method of claim 28, wherein the thermal processing comprises microwaving, baking, frying, or toasting.
- 31. The method of claim 30, wherein the clear coating composition comprises a slurry.
- 32. The method of claim 31, wherein the temperature of the slurry is from about 40°F to about 100°F when the slurry is applied to the toaster pastry.
- 33. The method of claim 31, wherein the slurry comprises from about 5% to about 70% slurry solids.
- 34. The method of claim 33, wherein the slurry comprises from about 30% to about 55% slurry solids.
- 35. A composition comprising:

a toaster pastry derived at least in part from wheat at least partially coated with a clear coating slurry comprising from about 40% to about 60% wheat starch, from about 20% to

about 40% dextrin, from about 0.5% to about 2.5% sodium acid pyrophosphate, from about 0.5% to about 2.5% sodium bicarbonate, from about 10% to about 20% granulated sugar, and from about 0% to about 3% stabilizer, wherein the clear coating forms a substantially clear, at least partial moisture barrier on the surface of the toaster pastry upon thermal processing.

- 36. The composition of claim 35, wherein the dextrin comprises corn dextrin.
- 37. The composition of claim 36, wherein the stabilizer comprises xanthan gum.
- 38. The composition of claim 37, wherein the clear coating slurry comprises about 50% wheat starch, about 32% corn dextrin, about 1.8% sodium acid pyrophosphate, about 1.2% sodium bicarbonate, about 14% granulated sugar, and about 0.15% xanthan gum.
- 39. The composition of claim 35, wherein the wheat starch comprises an oxidized and substituted wheat starch having a substitution level of about 0.1%.
- 40. The composition of claim 38, wherein the wheat starch comprises an oxidized and substituted wheat starch having a substitution level of about 0.1%.
- 41. The composition of claim 35, wherein the clear coating slurry has a viscosity of from about 8 to about 40 seconds as measured by the Stein viscosity method.
- 42. The composition of claim 40, wherein the clear coating slurry has a viscosity of from about 8 to about 40 seconds as measured by the Stein viscosity method.